

## McMahon School PTA Quarterly Newsletter

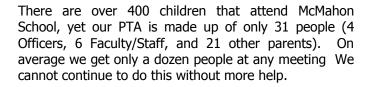


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PTA Website: WWW.MYSCHOOLONLINE.COM/ME/MCMAHONSCHOOLPTA

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### Help Wanted!

Each year the PTA coordinates many events and activities to enhance the education of our children. One of our purposes, as stated in our Bylaws is "to bring into closer relation the home and the school, that parents and teachers may cooperate intelligently in the education of children and youth." In order to be able to do this, we need more help!!!!



It is wonderful that we have many parents volunteer to help at events throughout the year, but we need people to help in the planning of these events as well.

We do only one fundraiser per year, and that is in the fall. The rest of the year consists of planning events and activities for the children and families of our school.

Our PTA meets once a month for 2 hours. When there are so few of us on the committees, it means more work for the same few people every time. Please consider trying to make at least a couple of meetings per year!!! Our meeting dates are always published on our website and in this newsletter. Join our Yahoo Group and get reminders of the meetings.

Please help us keep our PTA going strong by joining us. We need your help!!

### Family Rollerskating Event

Watch for information to come home with your child on the annual PTA Family Roller skating event at the Rollerdrome. The PTA sponsors the Rollerdrome on two different nights. The entire family is invited to participate. The only charge is \$1 to rent Rollerskates or \$2 to rent Rollerblades. Choose the night you wish to attend and come have fun with your friends and family!

### **Upcoming Events**

The spring is a very busy time for the PTA. There are a lot of events coming up. If you wish to help with any of these events, please contact Mary Ann Hamel at 786-0496.

April 8		Caring School Dictures
	C 0	Spring School Pictures
April 12	6-8pm	*** PTA Meeting ***
April 15-22	No School	Spring Recess
April 26	6-8pm	Family Rollerskating at
		the Rollerdrome
April 27	Afternoon	"My Life as a Hot Dog"
		Show
April 27	6-8pm	Family Rollerskating at
	·	the Rollerdrome
April 28		Grandparents Luncheon
April 29	5 <sup>th</sup> Grade	Chewonki Program on
		Black Bear Skeleton
April 29	6 <sup>th</sup> Grade	Chewonki Program on
		Fins and Flippers
May 2-6		Teacher & Staff
		Appreciation Week
May 12	6-8pm	Talent Show (Lewiston
	-	Middle School)
May 13	No School	In Service Day
May 17	6-8pm	*** PTA Meeting ***
May 26		School Barbeque
May 30	No School	Memorial Day
June 2		Block Party
June 7	6-8pm	*** PTA Annual
		Meeting ***
June 10		Ice Cream Social

#### **Got News?**

E-mail: pbeaule@adelphia.net.

### Ways to Help Your Child Succeed

### 1. Lets Talk—Talk with your child



If we talk early and often with our children, providing them with information and behaving in ways that reflect our values and beliefs, they will come to us first before going elsewhere for information.

## 2. Reach for the Sky—Set high but realistic expectations

Taking some time to really look at our children and notice their strengths, talents, and interests, as well as areas where they need assistance, will help them develop realistic self-expectations, thus making them feel and be successful.

# 3. I'm OK, You're OK—Build your child's self-esteem and confidence

As children act independently, make choices and mistakes, they learn and grow. Thinking positively about accepting our children unconditionally as they move through this process helps them develop a positive self-concept.

## 4. An Apple a Day—Keep your child healthy

It is important for children to come to school emotionally, physically, and socially healthy.

When children feel good about themselves, are well rested, and well nourished they are more ready to learn.

## 5. Parents, the First Teachers—Support learning at home

In today's changing economy the need for advanced skills and technical knowledge is growing. Showing our children that we value learning and education is important and will pay off in the long run as they mature.



Frequent communication with your children's teachers and school is the key to academic success. Attending parent-teacher conferences, school events, and PTA meetings, and sending



notes or e-mail messages to pertinent school staff helps foster good relationships that support your children's learning.

## 7. Oh, the Places We'll Go!—Encourage exploration and discovery

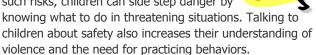
The world is your children's oyster. By encouraging your children to develop their interests and seek out opportunities to try new things you help them make the most of the world around them.

## 8. Circle of Friends—Help your child develop good relationships

All children want to fit in, be accepted, and feel like they belong. Helping your children develop good relationships can have a positive impact on their future development.

## 9. Stayin' Alive—Keep your child safe

By identifying potential risks and giving clear instructions to your children on how to avoid such risks, children can side step danger by



## 10. Can I Help?—Participate in community service

Your children's knowledge and talents, while nourished in the classroom, are recognized when put to good use. Children learn valuable lessons when helping others through volunteerism and community service.



